

	<p>Headway East Lothian SC10 Newsletter www.headway- astlothian.org.uk</p>	
<p>Issue 18/12</p>		<p>December 2018</p>

It's Christmas



And lots planned for
December

Full details in diary

Christmas Lunch



Monday 3rd December
- West Barns Bowling
Club
- 12.00 for 12.30pm

Do you remember?

Who can you remember
from

May 2010 8 yrs ago

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2019

Headway East Lothian will be
on holiday from Friday 21st
December until Monday 7th
January 2019



Funded by

Noticeboard



Christmas Eve Fundraiser



Fiona Grant-MacDonald will be performing to her usual excellent standard at the Gothenburg in Prestonpans on Christmas Eve. Tickets will be available on the door so please come along and have a great time singing & dancing the night away into Christmas Day itself. If you are quick you can even book for a meal beforehand!

If you have any donations for the raffle that will be drawn on the night, please let Joyce know and we can arrange collection.

The Prestoungrange Gothenburg 227 - 229 High St
Prestonpans EH432 9BE 01875 819922

A Message from Joyce

Merry Christmas and a Happy New Year to all,
especially to those on their own
or feeling alone at this time of year



Digby Brown Christmas Card and Calendar
Competition

Once again Headway East Lothian members participated by submitting their art work for the competition. I received a letter from Kirsten at Digby Brown with this news

"I would like to express my sincere thanks to your group for participating in this year's competition. As always, the standard of entries has been outstanding and with over 150 entries choosing the winners was a very difficult task for the judges.

Charlene Wood Headway East Lothian "We will
never forget" painting

Grace Porter Headway East Lothian "Snow far apart"
painting

We would like to take the opportunity to invite each winner to attend a prizegiving ceremony. We would also like to invite you, as a representative of your group, to attend to accept the Group's cheque. The prize-giving ceremony will once again be held in the Robert Burns Suite at the Hilton Doubletree Hotel, Cambridge Street, Glasgow. At this event, the winners will be presented with an award certificate and a £50 Marks & Spencer's gift voucher. The Group co-ordinator or representative will be presented with a cheque for £200 for Group funds. Following a short presentation ceremony, a buffet lunch will be provided."

Many congratulations to both Charlene and Grace and we hope they have a great day! There will be photos to follow the event and copies of the calendar available.





you

remember?

Who can you remember from
May 2010
over 8yrs ago

DECEMBER AT HEADWAY

1			
2			

3	Mon	West Barns	Christmas Lunch
4	Tue		
5	Wed	Haddington	
6	Thu	Dunbar	(also SHIF Glasgow details attach)
7	Fri		
8	Sat		
9	Sun		
10	Mon	Musselburgh	Christmas Raffle, crafts & games
11	Tue	Glasgow	Digby Brown Awards
12	Wed	Haddington	Christmas Crafts
13	Thu	Dunbar	Christmas Party
14	Fri		
15	Sat		
16	Sun		
17	Mon	Musselburgh	Pop up Christmas Film
18	Tue		
19	Wed	Haddington	Christmas Party
20	Thu	Dunbar	mince pie morning at hallhill dunbar and a Pop up Christmas Film afterwards all welcome
21	Fri		
22	Sat		
23	Sun		
24	Mon	Musselburgh	HOLIDAY
25	Tue		HOLIDAY
26	Wed	Haddington	HOLIDAY
27	Thu	Dunbar	HOLIDAY
28	Fri		HOLIDAY

29	Sat		HOLIDAY
30	Sun		HOLIDAY
31	Mon	Musselburgh	HOLIDAY

We meet in three locations each week

<u>Date & Time</u>	Monday	Wednesday	Thursday
	1pm - 4pm	6.30pm - 8.30pm	1pm - 3pm
<u>Venue</u>	MECA Wallyford Rod MUSSELBURGH (Cafe for lunch or snacks)	Occupational Therapy Department, Herdmanflat Hospital Aberlady Road HADDINGTON	Hallhill Healthy Living Centre, Kellie Rd DUNBAR

Contact us in any of the following ways

Jim Maryniak Convener	07920 195743 jimmaryniak@hotmail.com
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Richard Fairbairn Treasurer	077604 95851	Fiona Grant-MacDonald Secretary	feegramac@sky.com
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Development Officer Joyce Cattanach	07895 193974 headwayeastlothian@live.co.uk
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Joyce is also available at The Bleachingfield Centre, Countess Crescent, Dunbar, EH42 1DX, by appointment at the following times, and for outreach at other times.

Mon 9.00am - 3.00pm Tue 11.00am - 3.00pm Wed

9.00am - 3.00pm Thurs Office at home Fri Office at home. Better to phone first in case Joyce is at a meeting.

Items for the newsletter to Robert Dalrymple

robert.dalrymple202@btinternet.com Tel 01620 844020



Improving life after brain injury Charity No **SC035535**.